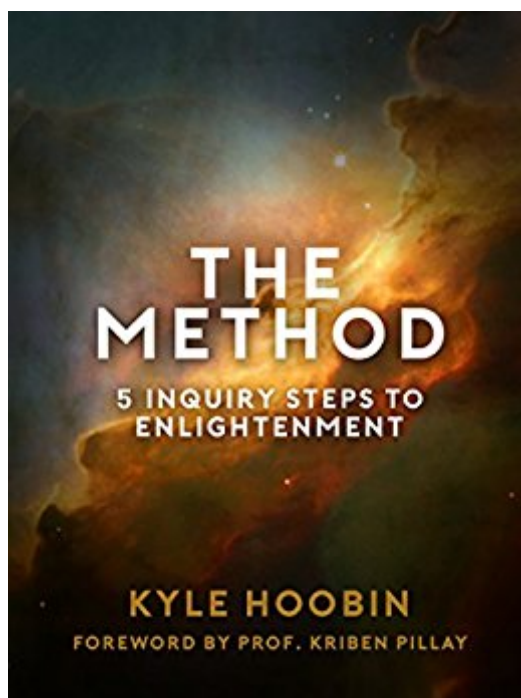


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# The Method: 5 Inquiry Steps To Enlightenment



## Synopsis

FOR THOSE IN THE FINAL STAGES OF AWAKENING Things become much more simplified at the end of the spiritual search... so much so that it's possible to identify key stages that every seeker encounters immediately preceding awakening (enlightenment). So in one sense, these 5 steps have not been invented by me, I have simply segmented the final stages that a seeker of truth encounters when they have reached the end of the spiritual search (for greater clarity and guidance). If you've been on the spiritual path long enough, you've probably reached the conclusion that no technique or practice can wake you up, make you free, or make you enlightened. You will have likely realized that all effort to attain a different state of consciousness can only ever come from a delusional state of consciousness, or false self. So what does one do then when one realizes such a thing? If there's nothing that you can do to set yourself free, then how do you become free? Enter the 5 final steps of self-inquiry. The Method is based upon the understanding that spiritual awakening is not an attainment, but a dissolution. These 5 steps are intended to permanently dissolve the deeply ingrained belief that you can \*make\* yourself free. If these steps are followed through with utter totality, awakening will be what's left as a byproduct. While no methods 'work' when it comes to awakening, all methods fail... so in a way, any method can be helpful to exhaust the seeker in you. This method has been formed specifically for those who have tried every other method under the sun and are ready for defeat. This method is intended to be the last method. This is the end game my friend, are you ready? Don't have a Kindle? Don't worry, you can also view this book by downloading the FREE Kindle app for your computer, iPad, or other mobile device: <http://amzn.to/aUZMHP> About The Author: Kyle Hoobin is an author, photographer, graphic designer and self-inquiry teacher. In April of 2002 Kyle experienced a profound shift in consciousness following a long battle with depression. He now offers support for those seeking authentic freedom in their lives. Kyle's teachings focus on practical and accessible methods of self-inquiry with a focus on finding freedom through direct personal experience. He has distanced himself from conventional lineage based teachings in an effort to establish a more authentic spiritual standard for spiritual seekers. To learn more, visit [kylehoobin.com](http://kylehoobin.com) and take part Kyle's self-inquiry video series.

## Book Information

File Size: 2837 KB

Print Length: 216 pages

Simultaneous Device Usage: Unlimited

Publication Date: March 6, 2017

Sold by:Ã Â Digital Services LLC

Language: English

ASIN: B06XGDP98W

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #61,072 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #21

inÃ Â Kindle Store > Kindle eBooks > Nonfiction > Politics & Social Sciences > Philosophy >

Metaphysics #93 inÃ Â Books > Politics & Social Sciences > Philosophy > Metaphysics #95

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## Customer Reviews

If you've travelled the colorful spiritual jungle long enough, there is a chance you might end up feeling pretty lost. In that case Kyle is a great guide to help you cut through the wilderness of your mind and help you back home. The Method is very simple, direct and free from shiny spiritual fluff, which might turn some away, but if you are fed up with acquiring more knowledge, this is the perfect anti-dote to a mind drunk (and lost) on spiritual information. Very recommended!

So, here's the thing. You can read the steps in the book in a night or two (or day, for that matter) and it is kind of like reading assembly instructions through to the end prior to starting the assembly process. Then, when you get into it and start building, you have questions, "Wait, what does that mean?" "Huh, how do I do that?" That is where the second half of the book comes in. While I normally read ahead so as to arrive fully prepared, this time I am waiting until I feel like I have internalized the previous step before reading the Q&A on the next step. While simple in presentation, it is rich in meaning, and absorption takes time. Yes, The Method is an interesting name, and I suppose it could just be called A Method, but again, the thing is, when you are ready, all that is pretty tangential to what this book delivers. The people who will get the most out of it are the people in the most acute pain. There is a lot of prework that goes into being ready for this book. The main directive of The Method is to get you out of your head so if you can let go of your mind

and then yourself. If you haven't done enough thinking about stuff to conclude that is actually the problem, it's too soon. If you are ready, this concise, well-written (he is definitely becoming a better and better writer) book will give structure and possibility to what you are looking for, and start off by simply telling you to stop looking. Searching is agonizing. Let it go. Drop it. And therein lies relief. Will his readers achieve that which is neither a destination nor a goal as a result of reading the book? I can only speak for me, and as I started to read it, I started to cry, as I am now, because it has already provided significant guidance in my dropping aspects that need to go in order for me to return to my prior innocence, and the energetic connection is there.

Profound. One of the most liberating books I have read. Highly recommended to very advanced Seekers of Truth. This gem of wisdom has appeared in the world at the right time and in the right place. Kyle Hoobin has a mysterious gift to explain the unexplainable. Thank you universe. Mario.

I don't know how to really talk about this book.....it is much more about beginning to experience the material. But I respect this method as much as I respect the man Kyle Hoobin, I feel grateful I happened upon his work.

Solid info on hardcore enlightenment. When you are ready to be proactive about your evolution - read this book.

I have read so much about what the experience of enlightenment has been for others. These stories have inspired me to keep on keeping on and on and on and on....Finally, Kyle Hoobin presents the map of the mysterious process of awakening. The steps he has laid out have called me to a place of total commitment. As I work the steps, I am experiencing a slowing of my mind. So much is dropping away, notably, the need to seek, attain, know, to be more. I am finding myself content just to be. I know in my heart that I have passed the point of no return. I am ready for the end game and here is the map.

I've read lots of these and this one really does lay down the stages and states, so far as I can see now. It is systematic.

"Let go of believing that what you're getting is not what you're asking for".....just one of the natural koans you'll find in this book to stop your mind. Like all of Kyle's books - simple and straight to the

point. I like that he acknowledges the suffering that goes into seeking but only offers one remedy. If you're exhausted, on fire, in pain - read this book - you'll have ears to hear.

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